

# Soil First 150 Field Fit Mix



A straightforward and flexible seed mix for growers looking for very minimal spring management.

## Ratings

### Compaction Alleviation



### Weed Suppression



### Biomass Production



### Erosion Control



- Very simple cover crop seed mix; will completely winterkill in many northern climates
- If sequestering leftover nutrients is the goal, this is the seed mix to use

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**90% Defender Oats**  
**10% Tillage Radish**

Soil First® 150 Field Fit cover crop mix is a straightforward and flexible seed mix for growers looking for very minimal spring management.

### Characteristics:

### Non-Forage Benefits:

1 = Poor; 5 = Excellent

Compaction Alleviation: 5

Weed Suppression: 5

Biomass Production: 4

Erosion Control: 3

Disease/Pest Control: 3

Pollinator/Beneficials: 2

Soil Carbon: 2

